(TMI Journeys - June 2015)

WHAT IS A CONSCIOUSNESS SPA?

How deep can you go?

How much pampering can you take?

Life in the body can be tricky. You know you are more than physical but in the midst of stress and responsibility it can be easy to lose that sense of connection we all crave. You yearn for a break, a pause to regain your equilibrium. You understand the importance of self-care. But there's no time! Or is there?

The Monroe Institute is known worldwide for its transformative six-day programs, but there is a group of shorter high-impact programs, unique weekend getaways at TMI's pastoral Virginia campus, where you can dive deeply, shift quickly, and leave restored.

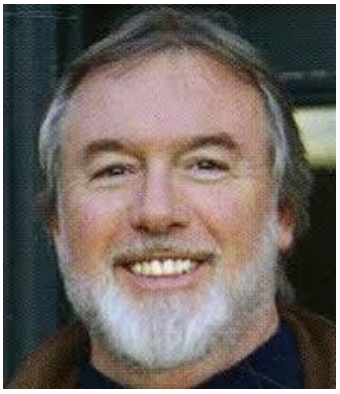
The magical hospitality staff loves and pampers you while you acquire powerful tools for exploring your multidimensional consciousness. You have the luxury of relaxing fully into your true unlimited nature without interruption, and savoring the unparalleled rural beauty of Virginia's Blue Ridge Mountains.

Select a weekend program and enjoy all the benefits of a consciousness spa.

Remain “Positively Ageless”
with Patty Ray Avalon, MFA

Scientific research shows that our thoughts affect our bodies. We influence the way we will or will not age by changing the way we think. Expand the strength and range of what you can do in, as well as beyond, the body. TMI program designer-trainer Patty Ray Avalon expertly guides your journey to becoming Positively Ageless!

Destination: Higher Self
with William Buhlman and Susan Buhlman



Break free from the limits of all belief systems. Direct your awareness beyond the consensus realities of the astral dimension. Bestselling author and OBE expert William Buhlman and end-of-life doula Susan Buhlman lead you to develop your Spiritual Advanced Directive, learn the practices of an end-of-life coach, and attain techniques that clear the way for you to achieve escape velocity from the dimensions of density and form.

Opening to Stillness
with Peter Russell

Join renowned consciousness leader, futurist, and author Peter Russell as he guides you to deepen your practice of meditation and explore more fully the nature of spiritual awakening. To Peter, the key is complete effortlessness. This is an extraordinary opportunity to learn from and practice with one of the eminent teachers of our time.

Medical Intuition and Symbolic Diseases

with Larry Burk, MD, CEHP, and Winter Robinson, Med

This program is rich in content, resources, tools, and techniques that are designed to place the custody of your wellbeing squarely into your hands. Learning to think symbolically about illness is an important skill with the potential to transform symptoms through the use of metaphor. The program is ably led by holistic physician and author, Larry Burk, and Winter Robinson, a professional medical intuitive and author. According to Winter, “Medical intuition is not just about disease or illness, it is about discovering our true, spiritual nature. It is about listening and tuning up our senses, not medicating symptoms away.”

Dowsing—A Self-Empowerment Seminar

with Raymon Grace

Dowsing has been used throughout history as a powerful and effective method of creating positive change. Through dowsing we reveal and quantify the physical manifestation of our focused thoughts and intentions in action. Raymon, internationally known dowser, author, and teacher, says, “It’s time to stack the deck of life in your favor!”

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